Improving lives together

High Support Inpatient Rehabilitation (Level 2) Service for Men

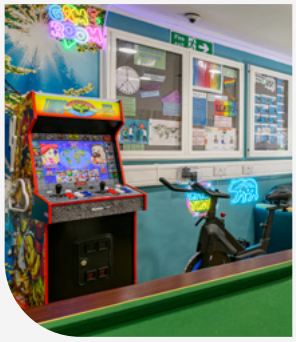
Cygnet Lodge Lewiasham, London

Good



Accepting referrals

Cygnet Lodge Lewisham is situated in a quiet residential area overlooking the beautiful Lewisham Park. We support individuals in a homely, open and community-facing environment. Our focus is on pre-discharge planning for those who may have been in hospital for an extended period of time or are preparing for community life but need further support to move to independent living. We are able to support individuals who have a range of mental health difficulties.





Male | **18+ years** | **19 beds**

Our service user profile:

- Detained under the Mental Health Act (1983)
- Primary diagnosis of mental illness with:
  - Complex comorbidities
  - Substance, drug and alcohol abuse
  - Treatment resistant and treatment resistance
  - Behaviours that challenge
- Aiming for a return to community or community-based care
- History of sexual abuse or domestic violence
- Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- May have secondary diagnoses of mild learning disability or personality disorder
- May have a forensic history and/or be stepping down from secure services
- May have a history of repeated acute admissions

Our service at a glance

At Cygnet Lodge Lewisham we work on re-enabling individuals who may be either on a civil or a forensic section of the mental health act, to prepare them for independent living and community life. We support individuals with a range of diagnoses and comorbidities like physical health problems, personality disorders, substance misuse and mild learning disabilities.

Meaningful involvement is key and monthly meetings are held for diagnoses and to share their views and for us to communicate important changes to them. Service users can join the meetings as a representative for their peers.



The service is in close proximity to essential amenities which help in rehabilitation, like access to Lewisham high street, sport and leisure centres, libraries, good transport links to central London and other areas. There are excellent opportunities for further education and vocational training, both onsite and with links with the local community colleges.

Our multi-disciplinary team:

- Hospital Manager
- Medical Director
- Clinical Manager
- Responsible Clinician
- Clinical Team Leader
- Forensic Psychologist
- Art Psychotherapist
- Social Worker
- Assistant Psychologists Occupational Therapist
- Registered Nurses (RMN)
- Independent Mental Health Advocate
- Support Workers

Rated 'Good' with the CQC

Our average length of stay has halved since 2024*

*based on data from 01.01.24 - 30.06.26

Weekly community meeting attended by the MDT - Providing a reflective and listening space for staff and service users

Monthly reflective practice

Supporting service users to access local job opportunities, both volunteering and paid

100% of men discharged in the last 12 months were able to step down along their care pathway*

*based on discharges from 01.06.25-30.06.26

Daily planning meetings held to support individuals to plan their day

People's council meeting held monthly

A drug and alcohol service that links in with community services to maintain continuity on discharge



David's Journey

Click to read David's Journey >





"The whole team have been kind, supportive and caring, nothing has been too much trouble. They have taken time to listen and meet all my sons needs and have made the family feel safe in the knowledge that everything is being done that can be done."-Parent

I feel safe and the staff are supportive - Service user

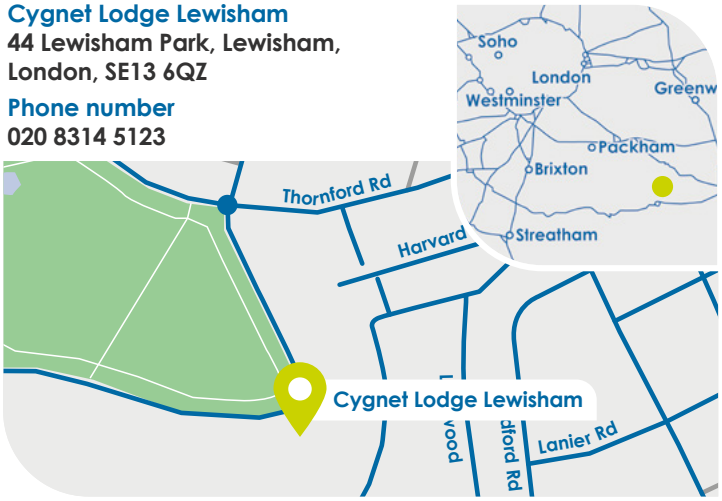
Make a referral

1. Referral made to your regional Business Relationship Manager or 0808 164 4450 / chcl.referrals@nhs.net
2. Assessment arranged and undertaken via our assessment team
3. Feedback provided on whether our service can meet the individual's needs
4. Assessment pack formulated including care plans and funding information
5. Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Lodge Lewisham
44 Lewisham Park, Lewisham,
London, SE13 6QZ

Phone number
020 8314 5123



CYG-545 | Date of Preparation: 27/10/26

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